

# High Rock Challenge All-Around Adventure

The events that made up Saturday's Inaugural High Rock 10K Adventure Challenge were like a collection of challenges tailor-made for the latest reality TV production.

The Challenge, which was sponsored by the New York Adventure Racing Association (NYARA), was a 10-kilometer endurance adventure run in the Green Belt Trail system in Staten Island.

A hundred teams consisting of two members ran more than 6½ miles while staying together at all times.

The Richmond Rockets III came in first, with a time of 58 minutes, 30 seconds, followed by Tie Die (58.56) and Village Idiots (59.13).

The teams competed in five mystery events that were located throughout the course. These quirky events included the Carry Or Drag Challenge, in which one team member carried or dragged a partner over 100 meters uphill.

Another part of the race was the Pasta For Two Challenge, in which team members were given one piece of dried pasta and were asked to run three-quarters of a mile while jumping

over a 4-foot stream and gradually ascending more than 200 feet. If the pasta broke, contestants were assessed a penalty run as punishment.

Another difficult task was the Team Tie Challenge, in which teams had to tie a piece of string around a rope which hung about nine feet in the air.

The race benefited a fund for the children of NYPD officer John Kelly, who died in the line of duty July 12, 2000.

**Jamaica Race, Walk.** People of all ages and athletic abilities can take part in the ninth annual Jamaica 5K/3K Walk on May 19 in Jamaica, Queens.

The event will begin at 8:30 a.m., at the Jamaica YMCA, 89-25 Parsons Blvd., with runners covering 3.1 miles and walkers doing 1.9 miles.

Medals will be presented to the first three finishers in the 5K in seven age groups, for male and female groupings.

Walkers who complete the course will have their entrant numbers placed in a raffle for prizes. The first 100 participants to pre-register will get a commemorative T-shirt.

Registration forms are available at the Jamaica YMCA and at the Jamaica Market, 159-15 Jamaica Ave. The entry fee is \$15, including a \$5 donation to the YMCA. Proceeds will go to the Jamaica YMCA Youth Summer Camp Fund. For more information, call 718-739-6600, ext. 107.

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**Michael J.  
Woods**

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