



## NEW YORK ADVENTURE RACING ASSOCIATION PRESENTS

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### THE 3<sup>RD</sup> ANNUAL “SHAG” 26 HOUR ADVENTURE RACE



SEPTEMBER 27<sup>TH</sup>- 28<sup>TH</sup> , 2008

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The course layout is impressive for this year's event. Teams will be covering a lot of ground and catching some incredible views, with the point to point format. You will be traveling thru multiple parks of varying terrain which include several areas where no races have ever taken you before! With the addition of optional checkpoints, both elite and novice teams will find everything they are looking for, in a one day adventure race. Please review the following updates for additional information about the course.

#### Race Updates:

- We have designed a course with “mandatory” and “optional” checkpoints with each optional checkpoint being assigned a point value. The objective is to gather as many points as possible within the various time cut-off throughout the linear course. Mandatory checkpoints will be easier to locate (i.e. parking lots, trail intersections, hill tops) whereas the optional checkpoints will provide a greater physical and navigational challenge.
- Teams will be transported via buses to the start location. Racers will be informed of the rally location 1 week prior to race – expect to arrive at rally point on Saturday at 6 am.
- No UTM plotting is required. Teams will be given pre-plotted maps at bus departure. There will be many maps of various styles/scales to ponder. Course designers will be available on the bus to answer questions you may have.
- NYARA staff will be transporting your bikes. Only saddlebags, light systems and water bottles are allowed to be attached to your bikes and at your own risk (NYARA will not be responsible for any lost or malfunctioning equipment). Racers are responsible for transporting bike shoes, and helmets.
- NYARA staff will be transporting your PFD's and paddles throughout the race (if you have your own). The team's paddles must be securely bundled together. All PFD's and paddle gear must be stored in a mesh-style bag with your team's number.
- NYARA has secured a deal to provide sit in kayaks for the race. These will add a great comfort factor to the paddle! These boats are not as stable as canoes or sit on top kayaks, so try to get some practice in. Don't forget your bailers!

- Course includes challenging trek and bike orienteering sections using real orienteering maps. No worries for novice teams as these sections will consist almost entirely of optional checkpoints.
- Hotel accommodations:

Courtyard by Marriott  
140 State Rt 17  
Mahwah, NJ 07430  
(201) 529-5200

Ask for Janine and the NYARA room block. Book in advance for \$119 rate.

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**Look for additional race updates in the weeks to come as well as our website.**

**[WWW.NYARA.ORG](http://WWW.NYARA.ORG)**