



NEW YORK ADVENTURE RACING ASSOCIATION PRESENTS

THE 3RD ANNUAL “SHAG” 26 HOUR ADVENTURE RACE



SEPTEMBER 27TH - 28TH , 2008

The course layout is 99% complete and course vetting is in progress. We are really happy with the final course design and we think you will be thoroughly tested and challenged and have a great time in the process. Please review the following updates for additional information about the course.

Race Updates:

- The minimum “mandatory” course length will be approximately 60 miles. Total course length will be approximately 104 miles which includes all “optional” checkpoints. Rough distances: 14-16 miles of paddling; 15-38 miles of trekking; 30-50 miles of biking.
- It is extremely doubtful that any team will be able to clean the course – so you’ll have to put your thinking caps on and plan your optional checkpoints strategy appropriately.
- No climbing gear will be needed for this race. Unfortunately we were not able to get authorization for our proposed ropes/climbing segment for this race.
- To hold to our NYARA tradition, we have a fun and interesting start planned – although not mandatory, hopefully everyone on your team possesses nominal map reading and navigational skills.
- Biking – Be prepared to ride on a variety of surfaces – paved roads, dirt/woods roads, and singletrack.
- Kayaks – we will be using various solo kayaks and a limited number of tandem kayaks. Teams will have a choice of kayaks on a first come-first served basis.
- Lighting systems – having a bright lighting system(s) for trekking and biking will be key for helping you navigate to some of the tougher optional checkpoints.
- Expect another newsletter the week before the race to notify you of the rally point on Saturday at 6 am. Have your waivers signed and ready to go – see the SHAG page on our website for the on-line forms. Time will be limited so be ready to roll!!!

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