

**NYARA Waiver
The Longest Day
May 17, 2008**

I know that participating in NYARA events is a potentially hazardous activity. By signing this waiver, I certify that I am properly trained and have no medical conditions that would prohibit me from participating safely. I agree to abide by any decision of an event official regarding my ability to safely complete the event. I am voluntarily entering the race and assume all risks associated with participating in the event, including, but not limited to, falls, contact with other participants, spectators or others, the effect of the weather, including heat and/or humidity, traffic and the conditions on the course, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive and release NYARA and all event sponsors and their respective successors from present and future claims and liabilities of any kind, known or unknown, arising out of my participation in this event or related activities, even though such claim or liability may arise out of negligence or fault on the part of any of the foregoing persons or entities.

I grant permission to the foregoing persons and ordinary entities to use my photographs, motion pictures, recordings, e-mail address or any other record of my participation in this event or related activities for any legitimate purpose without reservation.

Signature

Signature

Signature

Team Name