

New York Adventure Racing Association The Longest Day and Night 27-Hour Adventure Race



June 6 & 7, 2009

Come suffer with your favorite NYARA members during the longest day and night of your life on **June 6th & 7th, 2009**.

Yes, you may have noticed that we added an extra hour to the total race time. In the end, I think you'll thank us for this. This year's course will challenge all of your adventure racing skills and teams can expect to cover a lot of ground once again.

The course is coming together nicely and we are really excited about the way it is shaping up. We are hoping for a really big turnout this year and could use your help in spreading the word...you won't want to miss this race! Plus, June 7th is a night of a full moon, so this might help during night time navigation, Mother Nature permitting.

Once again, you will be treated to some brand new terrain at this year's Longest Day and Night as well as being rewarded with some amazing views along the way. The course is designed for novice racers to enjoy,

while at the same time it will be very challenging for experienced teams, as they will have the ability to go for more difficult optional points throughout the course.

While we are allowing any team composition including solo competitors, we recommend that solos try to find a teammate or teammates as you will probably appreciate having someone else to lean on during the event. There is a discussion board on the site with postings of people looking for teammates and we can also assist in this regard.

Notes:

- The course is designed with mandatory and optional checkpoints with each optional checkpoint being assigned a point value. The objective is to gather as many points as possible throughout the course. The team with the most points at the end of the 27-hour race will be crowned TLD&N champions. Mandatory checkpoints will be easier to reach and locate, whereas the optional checkpoints will provide greater physical and navigational challenges.
- No UTM plotting will be required. Teams will be given pre-plotted maps, thereby allowing for more time racing. Be prepared to work off maps of various styles and scales.
- During certain sections of the course, NYARA staff will be transporting your bikes. Only saddlebags, light systems and water bottles are allowed to be attached to your bikes and at your own risk (NYARA will not be responsible for any lost or malfunctioning equipment). Racers will be responsible for transporting their bike shoes and helmets.
- Teams will be paddling sit-on-top double kayaks. Many of you may be familiar with these boats as we have reached an agreement with Genesis Adventures to use their boats for our event. Solos and 2-person team will get one boat and 3-person and 4-person teams will get two boats.
- NYARA staff will be transporting your paddle gear throughout the race. Teams will need a gear bag large enough to fit all paddling equipment (excluding paddles). Paddles do not need to fit in your gear bag but must be securely bundled together for our staff to transport.
- We have posted an updated Gear List as of 3/31/09, so please check the www.nyara.org site for details.
- We are still working on a potential ropes section. Once it is finalized, we will update the gear list as appropriate. (Note: This section will not require any special skills or certification.)
- We have added host hotel locations to the site.
- As is becoming typical for NYARA events, details on the exact rally location will be given out to all competitors 1 week prior to the event.

Please check back for future announcements on www.nyara.org