



New York Adventure Racing Association The Longest Day & Night 27-Hour Adventure Race June 6 & 7, 2009

Come suffer with your favorite NYARA members during the longest day & *night* of your life:

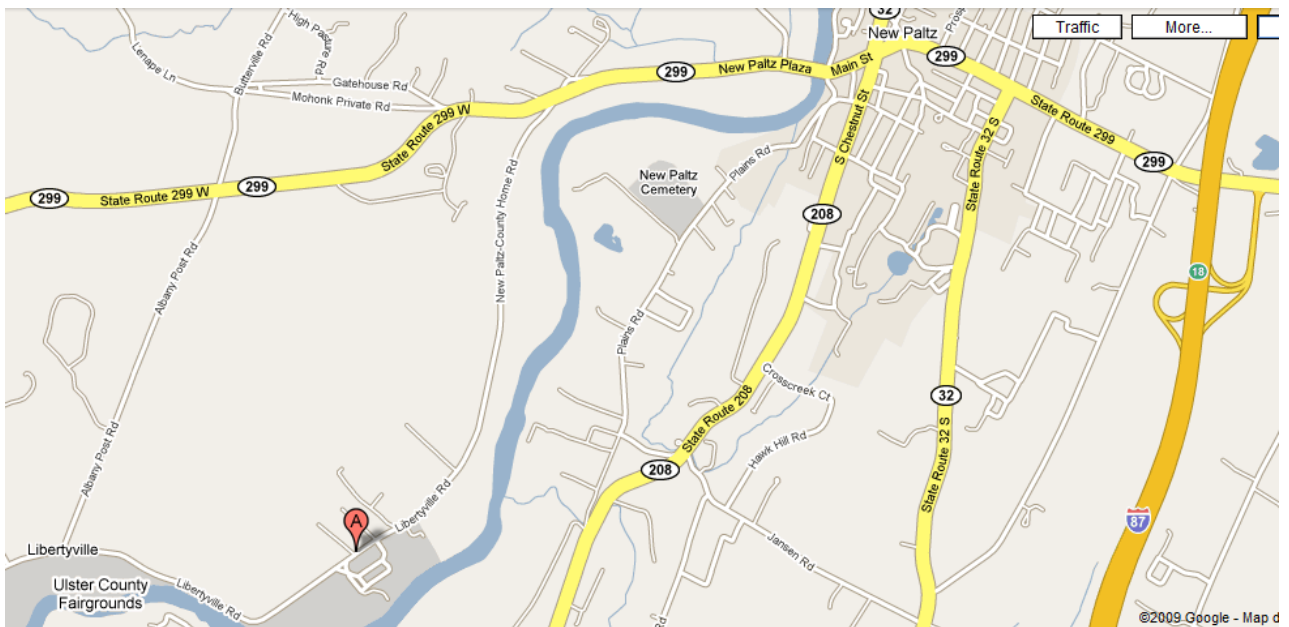
June 6th & 7th, 2009

RACE NEWSLETTER #3

We are very excited for the race (I think we've done each section 3 or 4 times now) and are just hoping for good weather. We also hope that the full moon will assist some with the night navigation. We have 34 teams/solos registered with a few more possible stragglers. But enough small talk, here's the update...

RACE REGISTRATION/GEAR DROP/PARKING AREA

Location: Ulster County Fairgrounds, located 2 miles south of New Paltz on Libertyville Road. Please park in the lot on the West side of Libertyville Road. See bubble "A" on the map below.



Expedia Link:

<http://www.expedia.com/pub/agent.dll?qscr=mrdr&fmap=1&rtbl=1&lats1=41.7226169412785&lons1=-74.1176543444208&alts1=6®n1=0&plce1=Ulster+County+New+Paltz+Park+%28park%29%2C+New+York%2C+United+States&>

Directions:

From the South and North -

Take the New York State Thruway to Exit 18 New Paltz. Take a left onto Route 299 West through the village and follow signs to Libertyville Road - first left after crossing bridge outside of town.

From the East -

Mid-Hudson Bridge North on Route 9W to Route 299 West to the village of New Paltz. Follow signs to Libertyville Road. First left after crossing bridge outside of town.

From the West -

From Route 209 In Kerhonkson, take 44/55 East over mountain to Route 299 East. Right turn onto Libertyville Road - approximately 2 miles.

REGISTRATION

Time: 5:00 – 5:30 am

Required Forms: NYARA waiver, Climbing waiver, USARA form (available on www.nyara.org)

- Please fill these out *prior* to arriving to the Registration location. We will collect forms and any USARA fees (\$8 for one day registration, \$35 for annual membership) at Registration.
- All team members must be present to register. Once registered, you will receive your course instructions and maps. Please remember that outside maps will NOT be allowed during this year's TLDN.

GEAR DROP

Time: 6:00 – 6:25 am

After you register and receive the course information, you will drop your gear for us to transport. We will collect the following:

- **Team Paddle Gear Bag** (labeled with team name and #)
- **Bikes** (labeled with your team number using duct tape or other means) - Race staff will only transport bikes and water bottles attached to bikes. Saddle bags, bike map holder, lights and bento boxes are OK. (Do not attach bike helmets or shoes to the bikes.) We are not responsible for any loose items on the bikes that may fall off during transportation.
- **Team Gear Bin** (labeled with team name and #) - The size limit for the gear bin was set with 3-4 person teams in mind. 2-person teams and solos may not need such a large bin.
- **Team Gear Bag** (labeled with team name and #)

Please label your bikes and gear bins/bags with your team name/number *prior* to arriving to Registration (team number assignments are below). There have been a few questions about the number of bags/bins for the race. We want to clarify that the number of bags/bins is intentional and will help us transport your gear in an organized fashion during the race.

RACE INFORMATION

Departure Time from Registration/Gear Drop/ Parking Area: Approx. 6:35 am

Racers should come to Registration race ready to start paddling.

ADDITIONAL COURSE NOTES

After some final course testing this weekend, we highly recommend **long pants** and **bug spray**. Also, make sure that you have adequate means to protect your maps. Amy got caught in a downpour last weekend and came back with an unreadable mess.

There will be a professional photographer at the race who will have race photos available for purchase (be sure to look pretty).

Finally, we will have post-race food for all racers thanks to the cooking skills of the Bartoletti parents.

Drop the puck!

TEAM LIST AND NUMBER ASSIGNMENTS

Team Number	Team Name	Division
3 & 4 Person Teams		
29	Antiguan Monkey Dogs	Co-Ed
30	Berlin Bike	Co-Ed
31	No-Limit	Co-Ed
40	Team GOALS 1	Co-Ed
32	Team GOALS 2	Co-Ed
33	Team NYARA 1	Co-Ed
41	Team EMS	Co-Ed
34	Team Animal Pak	All Male
35	Little Lebowski Urban Achievers	All Male
36	Lakedaemons	All Male
37	Gung Ho	All Male
38	Gears Are For Pansies	All Male
2 Person Teams		
12	Pain Syndicate	Co-Ed
13	Bear Bait	Co-Ed



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14	Team Ciao!/ AAR	Co-Ed
15	There's More	Co-Ed
16	Team Gung Ho II	Co-Ed
17	Gesundheit	All Male
18	Old F.A.R.T.s	All Male
19	Shocker	All Male
20	Sweaty Sock Gnomes	All Male
21	Team BPR	All Male
22	Team Murphy's Law	All Male
23	Team NYARA 2	All Male
24	Team NYARA Animals	All Male
25	2 Furious 2 Go Fast	All Male
26	Team Cheeseburger / The 2 Jew Crew	All Male
27	Team Towanda	All Female
Soloists		
5	Parallel Playah	Male
6	Team Kuai	Male
7	Ultra Bambi	Male
8	First Time	Male
9	Team Jugernaut	Male
10	I Can Do It Mysef	Male

Please email any questions to Rodney.villella@ubs.com

Please check back for future announcements on www.nyara.org.